



JEFFERSON COUNTY PUBLIC SCHOOLS

WHEAT RIDGE SENIOR HIGH SCHOOL
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It is my pleasure to recommend Mathew Bailey of Fighting Chance to you. As a high school counselor I am very concerned about safety issues our teenage women face. Our full day presentation put us on the path toward meeting the self-protection needs of our adolescent girls.

Bailey's enthusiasm and true concern for girls and their self esteem was quickly apparent. With a combination of statistics, self-defense moves, storytelling and humor, Bailey wove an "I kept myself safe!" frame that every girl took away. Changing tack every fifteen to twenty minutes kept the presentation fast paced. He held the girls' attention for the entire day, with just a lunch break and two short breaks.

We chose to offer the day to 90 girls in women's fitness classes. The added advantage was that the girls can now have a peer group that knows and can help enforce the behaviors that keeps girls attentive and safe. In addition, the female instructors can reinforce the learnings in class.

The material covered was thorough and encompassing - mall , telephone and dating safety to boundary-setting and making good choices. He powered up our girls. Several approached me to say that the entire female population at our school should have this opportunity. I agree, and plan to pursue funding for just such an endeavor. Let me know if I can answer any questions for you. If empowering your teen women is a goal, Fighting Chance and Mathew Bailey are the vehicle. It may just be the lifetime curriculum you're looking for.

Pam Stinson

Pam Stinson, counselor