

Division of Continuing Education

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To whom it may concern:

I would like to take this opportunity to strongly recommend Mathew Bayley of **Fighting Chance: The Self Defense School**.

This Spring, our Office of Public Safety and our Staff Development Committee asked Mathew to make a presentation to University staff. In his presentation, Mathew was asked to explain his self defense philosophy. The staff's response to his presentation was so strong that we asked Mathew to teach a course for staff.

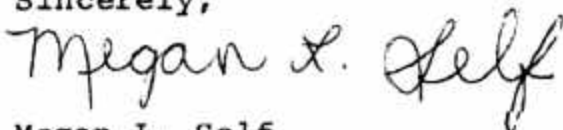
Beginning in January, Staff Development and Public Safety sponsored, "Self Defense Empowerment for Women." The class was held on campus and twenty-five female staff members enrolled.

The reaction from this class has been tremendous. Not only have these women benefitted from the course -- they don't want to stop learning! Based on demand from this initial class, we are now planning an "advanced" class in March, along with another beginning course. Eventually we hope to establish a permanent program here at UCCS, with students and faculty participating as well.

The great success of the course is due to Mathew's unique approach to a potentially difficult subject. Mathew approaches his teaching with an energy and enthusiasm that is beyond compare. Most importantly, he is able to teach complicated topics in a simple, direct manner. His students not only learned new skills, they enjoyed the learning process and developed an awareness of potentially difficult situations.

I would strongly encourage any company to hire Mathew Bayley. The message and skills he has to share are essential for anyone living in today's world. I am sure his expertise, presentation style, and professionalism will exceed your expectations.

Sincerely,



Megan L. Self
Staff Development Committee