



Beth-El College of Nursing

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To Whom It May Concern:

I am writing this letter of reference for Matthew Bayley. I have known Matthew of the past five years and have worked with him as a guest speaker in a course at Beth-El College of Nursing. Matthew has presented information regarding self defense techniques to students enrolled in the Women's Health Care Issues course. Matthew has been a dynamic speaker on all occasions. He presents a comprehensive overview of the problem of assault on women. He presents factual data and makes the information real, yet it does not overwhelm the students. He quickly establishes the idea that each student can learn self defense techniques and can become more knowledgeable about self protection. The techniques are quickly learned and students leave the presentation feeling empowered. Matthew's sense of dedication to his mission, and his sense of humor make his presentations fun as well as very useful. He is consistently able to obtain and hold the students attention, and provides support, and encouragement as the students learn the techniques.

I would recommend Matthew highly in any presentations that he would offer.

Sincerely,

Sally B. Olds
Associate Professor